

# Virtual Mini Olympics




The Tokyo Olympics were originally scheduled to take place in July-August 2020 before being postponed until 2021 but we can still have some fun with our first ever Virtual Mini Olympics.

**How does it work?** Each grade has been allocated a country to represent. (Please see below). I have included the flag of each country so you know what colours to dress up in. Complete your Virtual Mini Olympics at home and post a photo and your score in Specialist Teams-PE. There are 8 activities worth 1 point each plus a bonus point for dressing up or making a sign if you don't have the right colours and another bonus point for posting a photo. (Maximum 10 points). The event will be open until the end of Term 3 (Friday 18<sup>th</sup> September) when the results will be announced. Everyone in your family is welcome to join in.


Prep C- Australia 

Prep F- New Zealand 

1/2K- USA 

1/2D –Germany 

1/2F – France 

1/2G –Singapore 


1/2O –UK 

3/4A –Russia 


3/4B – Sweden 

3/4E – South Africa 

3/4K –Canada 

3/4S –Mexico 

5/6D –Spain 

5/6F –Kenya 

5/6G –Brazil 

5/6I –Ireland 

5/6S –Japan 

**Materials needed:** 4 teddy bears, a rubber band or hair scrunchie, a paper airplane, balloon, 10 plastic or polystyrene cups, a pair of rolled socks, a hat, a tennis racquet if you have one, a bucket or laundry basket and a target (chalk target on wall, target drawn on a piece of paper etc).

**'Olympic' Events:**

1. **Teddy Bear Relay.** (You need 4 teddy bears). Run with your 1<sup>st</sup> teddy bear up and down the hallway. Do the same with the 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> teddy bears.

2. **Rubber Band Archery.** Shoot a rubber band at a target. How many times can you hit the target in 10 shots?



3. **Paper Airplane Golf.** Make a paper airplane. Fly it into a bucket or laundry basket. How many times can you hit the target in 10 shots?



4. **Balloon Tennis.** How long can you tap a balloon up in the air without it hitting the ground? If you don't have a tennis racquet or a bat, use your hand.



5. **Stack Attack!** Set up your plastic cups into a pyramid. Use a rolled up pair of socks as a ball. Throw the socks at the stack. How many times can you hit the target in 10 shots?



6. **Balloon Soccer.** Soccer dribble the balloon up and down the hallway.

7. **Teddy Bear 'Shot Put'.** Set up a target (laundry basket, bucket). Aim for the target with your teddy bear throw. How many times did you hit the target in 10 shots? If you are in Grades 3-6, try using a shot put action.

8. **'Beach Volleyball'.** Throw a rolled up pair of socks up in the air and try to catch them in your hat. How many did you catch out of 10?